

MENTAL HEALTH AND ADDICTIONS COUNSELLOR

MENTAL HEALTH AND ADDICTIONS COUNSELLOR – TRANSITIONAL HOUSING PROGRAM (1.0 FTE)

You are knowledgeable and possess hands-on successful experience in delivering gender responsive clinical services to women living at the YW Calgary. Working from a responsive, crisis intervention and solution focused style, your counselling strategies and guidance will aim to empower those impacted by addictions and mental health issues.

This position requires an enthusiastic, knowledgeable and self-directed professional who will work closely with clients in providing timely and effective mental health and addiction counselling services.

WHAT MOVES YOU

- You understand and are committed to empowering women and gender-responsive programming
- Empowering individuals with unique challenges and creating resilience with those you work with
- A diverse and multi-disciplinary atmosphere thrills you and keeps you coming back
- You enjoy leading edge counselling work in the field of mental health and addiction

WHAT YOU'LL DO

- Complete intake, needs, and risk assessments and document clients' progress and follow up.
- Provide therapeutic supports and interventions in the areas of mental health, addictions, domestic abuse and trauma.
- Case consultation of complex cases with team and external service providers as needed.
- Develop & evaluate treatment plans and therapeutic progress, maintain clinical records and reporting requirements.
- Educate clients and staff on the epidemiology of addiction and mental health illness.
- Facilitate at least one clinical group per month.
- Keep up to date on evidence-based practice related to the program, i.e. homelessness, domestic violence, mental health, feminist practice.
- Ensure sound record keeping and documentation practices and maintain records in accordance to program policies.
- **This is a permanent full-time position, 37.5 hours per week Monday to Friday on a 6-week cycle.**

WHAT YOU'VE DONE

- **Master's degree** in Clinical Psychology, Counselling, Social Work or related field
- Registration with professional college or regulating body recognized under the Health Professions Act
- ASIST (Applied Suicide Intervention Skills Training) and CPR/First Aid Certification required
- Training and experience in treatment options such as EMDR, DBT, mind/body therapies, and Solution-Focused Brief Therapy is preferred.
- Working knowledge of the impacts of abuse, violence and trauma on individuals.
- Knowledge of issues specific to women experiencing homelessness, trauma, domestic violence, addictions and mental health
- Accomplish activities with an equity, diversity and inclusion lens
- Proficiency with Microsoft Word, Excel, Outlook, and HMIS for record keeping purposes

As a condition of employment, YW Calgary requires the successful candidate to be fully vaccinated. Where the candidate has not obtained the vaccine, the candidate will be considered on an exceptional case by case basis; YW Calgary will adhere with its obligations under the Alberta Human Rights Act."

If you want to work to change lives, we want to meet you.

Competition Number: **2021079**

Deadline: **December 10, 2021**

www.ywcalgary.ca/work-with-us

Apply today with resume, cover letter, and salary expectations to

careers@ywcalgary.ca

YW Calgary is committed to providing an equitable, diverse and inclusive workplace where all employees, clients and volunteers, whatever their gender, race, ethnicity, national origin, age, sexual orientation or identity, education, and/or disability, feel valued and respected.