



Dance and Movement Volunteer

Sheriff King Shelter

POSITION, DEPARTMENT

To lead a weekly dance/ movement class to a group of women and children with varying ages, fitness levels and abilities at the Sheriff King Shelter. The instructor will bring their own equipment and will focus on leading a mom's and kids group in fun and engaging dance/movement classes that encourage participants to let loose and have fun while moving.

WHAT MOVES YOU

You are passionate about teaching people ways to stay healthy, fit and while learning the value of movement and being active.

WHAT YOU'LL DO

- Teach a group class in movement and dance
- Provide any equipment needed for the class
- Teach a one hour class once per month
- Classes will run Saturdays between 10:45 am to 11:45 am

WHAT YOU'VE DONE

- You possess a teaching certificate from a recognized, accredited organization
- You are a registered instructor – this is an asset
- You have designed and developed multi ability dance/movement classes – this an asset
- You have current First Aid and CPR

If you want to volunteer to change lives, we want to meet you.

Apply today – please click [here](#)