

Jul 2016

Starting over - Peace at Last

This poem has been written especially for everyone ^{YMCA - Mary Dover House}

To have a safe and warm place to be
Has meant the world to me
A place to rest my weary soul
A place to heal and start feeling whole

Being robbed of myself and my well being
Makes it a challenge, in ever seeing
There can be light to my darkest days
That darkness has frightened me in so many ways

Your kindness and understanding, will always remain
Thank you for the chance, to start again
In every step I take to being my Best
On my new life's journey, along my quest

Everyone has been there, in my need
To help me where they can, as I proceed
To rebuild my faith and spirit, in feeling whole
For my health, well being and my soul

I thank you, with all of my Heart ♡
In helping me to have a fresh new start
I am more grateful, than words can say
I feel so blessed, in every way

Thank you for the chance in "STARTING OVER"
For helping me be safe at MARY DOVER

It is very hard to move forward, from the past
Thank you ALL for helping me have "PEACE AT LAST"
Sincerely, [REDACTED]